





# **Sonic HealthPlus Training Overview**

Sonic HealthPlus is a trusted provider of workplace health and general medicine. With over 50 years' experience we understand the important role education plays in fostering a safe working environment. And it is for this reason we offer a number of training programs across the following topics:



Drug and Alcohol



Manual Handling



Ergonomics



Fatigue and Stress



Work Health and Safety



Rehabilitation and Returning to Work

Our programs are developed with flexibility and accessibility in mind, and are available in a range of formats including online and face-to-face.

### **Course Overview**

The use of alcohol and other drugs in the workplace is a significant occupational health and safety concern. These substances have a variety of effects on users when consumed. These effects may include alteration in mental and physical capabilities which can lead to poor judgement and reasoning, loss of control and coordination, mood changes, risk-taking behaviour, an increase in accidents and injuries in the workplace.

### This training program covers:

- Common drugs
- Signs and symptoms of use and abuse
- Long-term effects of alcohol and other drugs
- Impairment at work
- Workplace roles and responsibilities including policies and procedures
- · And where to get help.



The Sonic HealthPlus Drug and Alcohol Awareness training program is designed for any employee in any workplace sector.



**Certificate** Issuance

Upon completion we will issue a Certificate of Completion.



**Course Status:** Non-accredited.



**Dates:** 

Enrol at anytime.

To participate you need to know how to:



#### **Entry Requirements:**

- Use Microsoft Office including Outlook (emails)
- Use Chrome
- Open, download, and upload documents
- And save documents.



**Course Cost:** 

\$40.00/person for < 20 persons \$32.00/person for <100 persons \$28.00/person for >100 persons



Self-paced, up to 2 hours.



**Delivery Mode:** Online.



**Assessments:** 

There are no assessments in this

You will need access to:

- Resources Required:
- A computer A printer
- Web broswer software e.g. Chrome or Adobe
- Internet.

required for scheduling training: however Sonic HealthPlus is flexible and will work to accommodate your training dates and request where

Generally, a two week lead time is

possible.

All service delivered outside standard office hours, including weekends will incur a 25% surcharge.

Cancellation fees will apply in the events training services are cancelled.

# **Cancellation** and Refunds:

# Sonic HealthPlus Terms and Conditions

For Sonic HealthPlus' Terms and Conditions please visit www.sonichealthplus.com.au (Terms) or contact us directly.

Should you wish to progress the training program further please contact us on training@sonichealthplus.com.au or phone 1300 793 004.

