









# Drug and Alcohol Awareness

## Corporate Clients

### Sonic HealthPlus Training Overview

Sonic HealthPlus is a trusted provider of workplace health and general medicine. With over 50 years' experience we understand the important role education plays in fostering a safe working environment. And it is for this reason we offer a number of training programs across the following topics:

-  Drug and Alcohol
-  Manual Handling
-  Ergonomics
-  Fatigue and Stress
-  Work Health and Safety
-  Rehabilitation and Returning to Work

Our programs are developed with flexibility and accessibility in mind, and are available in a range of formats including online and face-to-face.

### Course Overview

The use of alcohol and other drugs in the workplace is a significant occupational health and safety concern. These substances have a variety of effects on users when consumed.







These effects may include alteration in mental and physical capabilities, which can lead to poor judgement and reasoning, loss of control and coordination, mood changes, risk-taking behaviour, an increase in accidents and injuries in the workplace.

#### **This training program covers:**

- Fitness for work and legal requirements
- Common drugs
- Signs and symptoms of alcohol and other drugs abuse
- Impairment at work
- Long-term effects of alcohol and other drugs
- Workplace roles and responsibilities including policies and procedures
- Testing methods used in the workplace
- And where to get help.

**Course Suitability**

The Sonic HealthPlus Drug and Alcohol Awareness training program has been designed to equip individuals and companies with an understanding of rights and responsibilities in relation to alcohol and other drugs at the workplace.

**Course Status:** Non-accredited.**Delivery Mode:** Face-to-face training.**Dates:** Sonic HealthPlus will endeavour to deliver training on a day and time that meets your needs.**Course Cost:** \$450.00 per session, maximum of 15 participants per session. Additional course costs may include mileage, flights, meals, and accommodation.**Certificate Issuance** We can issue certificates of attendance.**Course Duration:** 1.5 hours.**Course Location:** Training can be provided at your worksite, or if you prefer, at one of our clinics nearest to you.**Assessments:** There are no assessments in this training program.**Cancellation and Refunds:** Generally a two week lead time is required for scheduling training; however Sonic HealthPlus is flexible and will work to accommodate your, training dates and requests where possible. All services delivered outside standard office hours, including weekends will incur a 25% surcharge. Cancellation fees will apply in the event training services are cancelled.

### Sonic HealthPlus Terms and Conditions

For Sonic HealthPlus' Terms and Conditions please visit [www.sonichealthplus.com.au](http://www.sonichealthplus.com.au) (Terms) or contact us directly.

### Next Steps

Should you wish to progress the training program further please contact us on [training@sonichealthplus.com.au](mailto:training@sonichealthplus.com.au) or phone 1300 793 004.

