

## Cannabis (THC)



- Looks like:** Dried herb usually in flower bud form, sometimes finer; rolled into cigarettes/joint.
- Taken:** Smoked or eaten.
- Symptoms: (Short Term)** Increased heart rate, bloodshot eyes, dry mouth and throat, increased appetite.
- Symptoms: (Long Term)** Reduced short-term memory, altered sense of time, reduced ability to perform tasks requiring concentration and coordination, paranoia.

## Methamphetamines



- Looks like:** Small shards of broken glass or ice.
- Taken:** Mostly smoked in glass pipe but can be injected.
- Symptoms: (Short Term)** Increased heart rate and respiratory rates, elevated blood pressure, dilated pupils, anxiety, moody, decreased appetite. Violent, aggressive behaviour.
- Symptoms: (Long Term)** Hallucinations, delusions, paranoia, neuroses, severe psychosis.

## Opiates



- Looks like:** Tablets, capsules.
- Taken:** Injected, smoked, taken orally, inhaled.
- Symptoms: (Short Term)** Initial feeling of euphoria followed by drowsiness, nausea and vomiting, constricted pupils, watery eyes, itching.
- Symptoms: (Long Term)** Shallow breathing, clammy skin, delusions.

## Cocaine



- Looks like:** White fine powder, small rocks in purer form.
- Taken:** Inhaled.
- Symptoms: (Short Term)** Dilated pupils, elevated blood pressure, increased heart rate and body temperature.
- Symptoms: (Long Term)** Runny nose, cardiac arrest, respiratory failure. Damage to nasal septum.

## Amphetamines



- Looks like:** White to brown powder, tablets.
- Taken:** Taken orally, injected, inhaled.
- Symptoms: (Short Term)** Increased heart rate and respiratory rates, elevated blood pressure, dilated pupils, decreased appetite.
- Symptoms: (Long Term)** Hallucinations, delusions and paranoia. Circulatory system damage.

## Benzodiazepines



- Looks like:** Various pill and capsule form.
- Taken:** Taken orally.
- Symptoms: (Short Term)** Calmness, relaxed muscles, slurred speech, drowsiness.
- Symptoms: (Long Term)** Physical and psychological addiction, anxiety, insomnia, tremors, delirium.

## Synthetic Cannabinoids



- Looks like:** Similar to THC, usually finer (grass clippings/fine herbs).
- Taken:** Smoked.
- Symptoms: (Short Term)** Similar effects to cannabis though strength varies widely.
- Symptoms: (Long Term)** Similar effects to cannabis though hallucinations and death through cardiac arrest have occurred with use.

## Alcohol



- Looks like:** Liquid.
- Taken:** Taken orally.
- Symptoms: (Short Term)** Blurred vision, slurred speech.
- Symptoms: (Long Term)** Impaired memory, depression, tremors, vital organ damage.



WORLD RECOGNISED  
**ACCREDITATION**

Sonic HealthPlus is NATA accredited under AS/NZ 4308:2008 for specimen collection, detection and quantitation of drugs of abuse in urine.