

Men live **4.4 years** less than women



The last **11 years** will be in *poor health*



The top three reasons for reduced lifespan in men are **cardiovascular disease, suicide and motor vehicle accidents**



70% of developmental and learning difficulties affect boys

Men make up **56%** of the workforce yet **94%** of all workforce fatalities are men

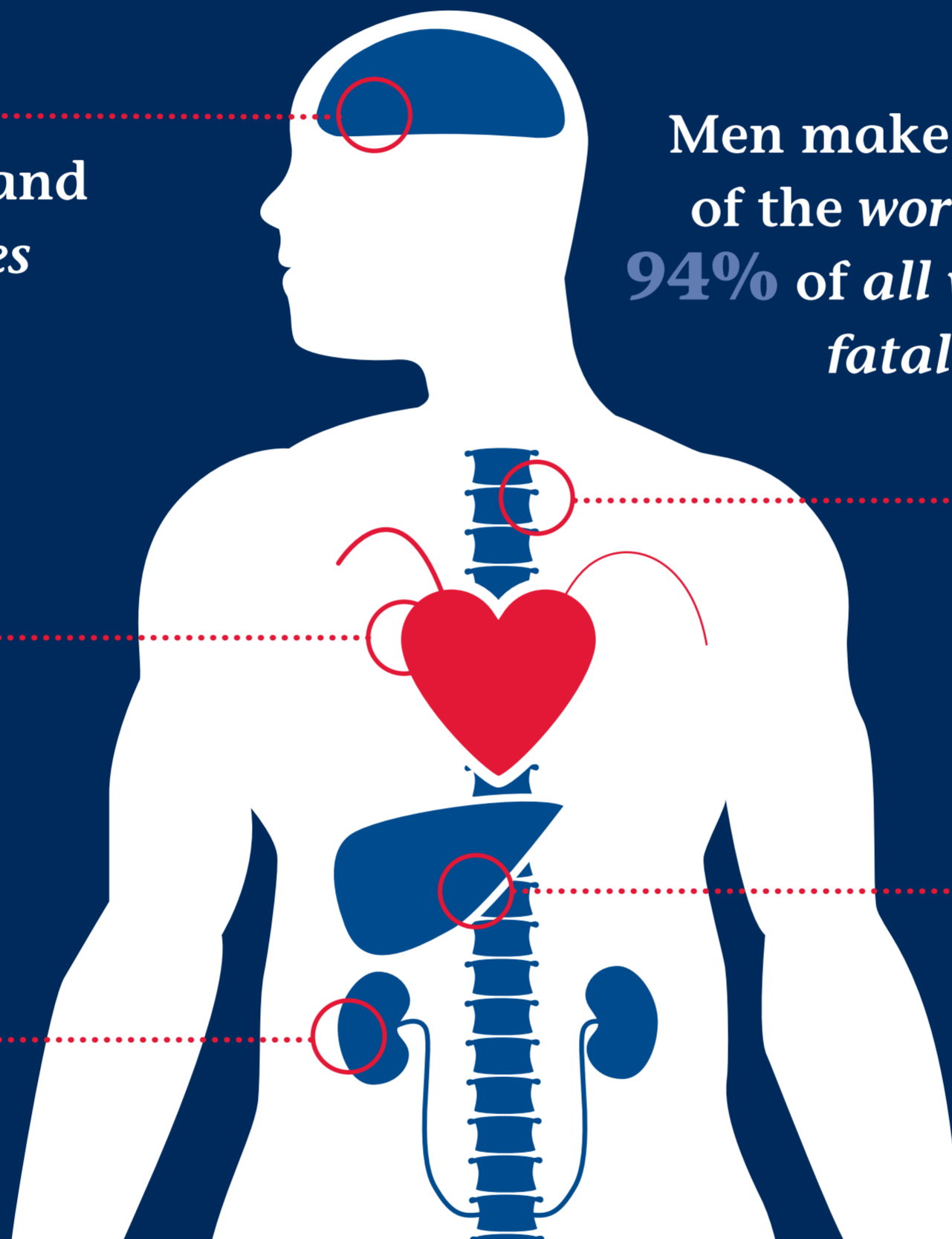


Men are *more likely* to die from **heart disease** at earlier ages

80% of spinal cord injuries occur in young men

Men have increased risk of dying from **diabetes**

Men are *significantly higher* risk of **dying** from liver disease



Only **30%** of a man's overall health is determined by genetics. Having a *Y chromosome* is **not** an excuse for *unhealthy* lifestyle choices



Globally, **alcohol** kills almost **six times** as many men than women

Contact Us

T: 1300 793 004

E: info@sonichealthplus.com.au

W: sonichealthplus.com.au